

Registration Form (NA)

Name:

Gender: M / F

Address:

IC No. :

Occupation:

HP:

Home:

Fax:

Email:

Payment Channel:

Cash _____ RM _____

Cheque (Oikos Counseling)
_____ RM _____

Bank in *
(OCBC 7081066535) _____ RM _____

*Please email/fax the bank-in slip & registration form for verification.

Fee is not refundable but transferable upon request.

We have the right to re-schedule & cancel the workshop/training.

Date:

Signature:

Photocopied registration form can be accepted



Target Group

Aged 13 to 20 years old

Trainer

Ms Tee Sock Sing



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Counseling
家游辅导 **Oikos**
Counseling



The Truth About Life, Love & Sex (NA)

A P O L O G I E S®

Language: English

Venue: Oikos Counseling Training Room

(Please refer to person in charge for the date and time)

What is
NO APOLOGIES®?

No Apologies® is a character-based abstinence curriculum that helps young people make wise choices regarding high-risk behavior, such as sexual involvement before marriage. It is developed by Focus on the Family®, an international non-profit ministry which aims to communicate that saving sex for marriage is the safest, healthiest and wisest choice.

The curriculum deals with the value of the individual, marriage, the family and the importance of keeping oneself pure till marriage. At the end of the workshop, participants are challenged to sign a pledge card saying they choose to wait and save sex for marriage.

In Malaysia alone, **No Apologies®** has reached over 56,000 youths around Malaysia with an average pledge rate of 90% to remain sexually abstinent until they are married.

No Apologies® is endorsed and supported by the National Population & Family Development Board (LPPKN) under the Ministry of Women, Family & Community Development. In recent years, staff from the Ministry of Education and Ministry of Health have also been trained.

It is okay to say no.

Objectives

To help participants:

1. Understand the value of character and abstinence leading to healthy behavior
2. Identify clearly the consequences associated with premarital sexual activity
3. Recognize the relationship between love and sex, and the benefits of saving sex for marriage
4. Practice skills necessary to achieve the goal of abstinence from premarital sexual involvement



Among the many issues young people face today, making wise choices about sexuality is one of the most critical. The culture we live in is teeming with sexual images, inappropriate messages and dangerous advice about sex, resulting in:

- Youths in Malaysia are reported to be engaging in premarital sex as early as 9 years old - 1
- 1 in 3.5 teenagers in Malaysia says it is acceptable to have premarital sex - 2
- The number of unwanted pregnancies among teens is also escalating at an alarming rate - 3

- 1 - Leong, S.L., Lam, L., Arulldas, S. (2004, February 6). Youths Sexually Active at Early Age. The Star
- 2 - Focus on the Family Malaysia. (2008). No Apologies® Pre and Post Workshop Survey.
- 3 - Jones, K. (2010, June 27). In Malaysia, Unwanted Teenage Pregnancies Rising Alarmingly. Medindia (www.medindia.net)



For more Information, please visit
<http://www.family.org.my/>